



We are so pleased with your decision to try Dysport™ and Dermal Filler. Here are some things to keep in mind after your procedure:

DYSPORT™:

- Immediately after your procedure, you may experience temporary redness and swelling at the injection site and possible mild headache. These typically resolve within two to three days. Cold compresses may be used immediately after treatment to reduce swelling. Inform Dr. McNeil if swelling continues beyond two to three days.
- Moving the muscles treated by making facial expressions is encourage, this helps the Dysport™ penetrate the muscle body.
- Avoid touching the treated area OR lying down during the first 5 hours after your treatment.
- Avoid massaging the treated area during the first 72 hours after your treatment.
- Until initial redness and swelling have resolved, avoid exposure to intense heat. (Sun exposure, tanning beds, heating pads etc...)
- If you have previously suffered from facial cold sores, there is a risk that the needle puncture could contribute to another recurrence. A medication that will help prevent an outbreak can be prescribed. Call our office if a lesion would present itself.
- Avoid taking Aspirin, Ibuprofen, other non-steroidal anti-inflammatory medications, St. John's Wart and high doses of Vitamin E for a few days post treatment. These agents may increase bruising and bleeding at the injection site.
- Avoid alcohol for a few days post treatment, same reasons as listed above.
- Avoid intense exercise for 8 hours post treatment.
- Wait (2) two weeks after your procedure before you consider coming back in for a touch up. Dysport™ starts working about 1-3 days after the injections, but the complete predictable effect is really only officially seen after 14 days.
- Evidence shows that having a follow-up treatment before Dysport™ has fully dissipated will enhance the lasting effect. Please schedule your appointments at 3-4 month intervals or when you start to notice the earliest signs of dissipation.

RESTYLANE™/PERLANE™ POST INJECTION INSTRUCTIONS:

- Apply Ice Compresses to the treated areas as much as possible for the first 24-36 hours
- Do not move area(s) treated for 1-2 hrs post treatment and avoid touching treated area for 6 hours.
- You may have some swelling, tenderness, redness and bruising for several days. This will normally resolve within 1 week. Contact Dr. McNeil if side effects last longer than 14 days.
- Please restrict your activities the first 24 hours. Do not engage in vigorous exercise for the first 24 hours. Avoid exposure to intense heat (sunbathing, sauna, etc.)
- You may be more comfortable eating a soft diet the first day if you had your lips enhanced.
- You can apply make-up a few hours after your procedure.
- Avoid Aspirin, Motrin, Advil, Aleve, Vitamin E (>400 units per day), Vitamin C (>3 grams per day) and Fish Oil for 5-7 days following treatment
- Studies show that a follow-up treatment at either 4.5 or 9 months can help refresh the immediate improvements of your initial treatment for up to 18 months! At least 95% of patients saw results for up to 18 months when they followed this Restylane Regimen™.
- Dr. McNeil can be reached on her cell phone at 480-414-0044 if you should experience any sign of infection which is signaled by fever, increased pain, newly appearing redness or swelling in the treated areas.